The Short Acculturation Scale for Hispanics (SASH) allows researchers to quickly and reliably identify the acculturation level of Hispanic respondents. The original scale included 12 items with three subscales: language use, media, and ethnic social relations. The scale authors also endorse a shortened four-item version (featured here) that does not compromise predictive value, validity, or reliability. Responses to all items are given on a five-point bipolar scale where 1 is “Only Spanish” and 5 is “Only English”, with a midpoint (3) of “Both equally”. To score the SASH, one must calculate the average rating across all answered items. An average of 2.99 is the recommended cut point – scores above this point represent higher levels of acculturation and scores below this point represent lower levels of acculturation.

In any discussions about CanSORT validation of the SASH, please use the following reference:


1. In general, what language(s) do you read and speak?

- [ ] Only English
- [ ] English better than Spanish
- [ ] Both equally
- [ ] Spanish better than English
- [ ] Only Spanish

2. What language do you usually speak at home?

- [ ] Only English
- [ ] More English than Spanish
- [ ] Both equally
- [ ] More Spanish than English
- [ ] Only Spanish

3. In what language do you usually think?

- [ ] Only English
- [ ] More English than Spanish
- [ ] Both equally
- [ ] More Spanish than English
- [ ] Only Spanish

4. What language do you usually speak with your friends?

- [ ] Only English
- [ ] More English than Spanish
- [ ] Both equally
- [ ] More Spanish than English
- [ ] Only Spanish